

How to change your story: Connect Groups notes

To get started...

What was your favourite childhood story and why?

This week we looked at 'How to change your story'

- Which are the significant parts of your story that have made you the person you are today?
- Are there any parts of your story that you would have done differently and why?
- How would you describe the big story that God intends for the human race?

Read Psalm 78: 1-7 together,

-As you look back over your story, what are some of the truths that God needed to teach you as you have journey with Him?

- The Psalm opens with the importance having people around you who will keep speaking Gods truth and Gods story over you? Who are those people in your life and how have they made a difference?

The main point of Sunday was:

'You change your story by first knowing the narrative that you were created for'

- So often we believe, or live by other narratives other than the narrative of Love that God has for us. What are some of the narratives that creep into your story?
- For Israel it was the narrative of Egypt, of Empire and control, where even after they left Egypt, the narrative still lived in them. Are there experiences from your past where you struggle to let go of the narrative that it created in you?
- As we have been through lock down, what are some of the narratives or habits that you have turned to (positive or negative) during this season?
- As we move into new rhythms in this season, what are some of the things you want to remain from this season, and what are parts of your story you would like to readjust going forwards?

Close by reading Psalm 78: 68-72 together

- God actively looks for people who are willing to live out His story of love in this world. What is one practical change that you could make this week that stands against the narratives that you have previously bought into?

Pray for each other in 2 ways:

- Pray for Gods narrative of Love to break in to any unhealthy narratives that we have tended to live by.
- Pray for people that you know who are stuck in slavery to narratives and negative cycles that they can't break free from.